

Pre-recorded virtual programs:

Virtual Challenger Flag Football for ages 7 and up will be on Wednesdays and Saturdays Sept 9 – Oct 31. There is no cost is for virtual programming. To receive the link for this virtual program, go to Parkandrec.com and click Virtual Programs and Resources. For more information about the programs, contact Danielle at Danielle.Dobbs@MeckNC.gov

Katie's Kitchen part 1! [Click here](#) Stay tuned for more videos!

Maddy's Paint Along Part 1! [Click here](#) Stay tuned for more videos!

Virtual Zumba for ages 12 and up will be on Tuesdays Sept 22 – Oct 27 from 5:30 - 6:30pm. There is no cost is for virtual programming. to Register at Parkandrec.com, to receive the link to the program.

LIVE zoom programs:

Virtual Spirit Squad for all ages will be on Wednesdays, October 7th - October 28th on Zoom from 6:00pm - 7:00pm. The cost is free. For more information contact Candice.Moore@MeckNC.gov.

Virtual Dance: The Grave Yard Get Down for ages 13 and up will be on Friday, October 16th on WebEx from 6:30pm - 7:30pm. The cost is free. For more information contact Candice.Moore@MeckNC.gov.

LIVE outdoor in-person programs:

Sunrise Yoga for ages 13 and up will be on Saturdays Sept 26 – Oct 31 from 9 – 10am completely outdoors at Dorothy Doores Waddy Pavilion. The cost is \$50; Mats and mat cleaner provided. For more information contact Danielle at Danielle.Dobbs@MeckNC.gov

Zumba for ages 12 and up will be on Thursdays Sept 24 – Oct 29 from 3:30 - 4:30pm completely outdoors at Dorothy Doores Waddy Pavilion. The cost is \$30. For more information contact Danielle at Danielle.Dobbs@MeckNC.gov

Gifted Gardeners for ages 18 and up will be on Tuesdays Sept 22 – Oct 27 from 10am – 12pm completely outdoors at the Ivory Baker Recreation Center Learning Garden. The cost is \$60. For more information contact Danielle at Danielle.Dobbs@MeckNC.gov

Kickball - South for ages 13+ on Monday nights from 6-7pm Sept 21-Oct 26 at Marion Diehl Adaptive Field. The cost is \$20. For more information contact Maddy at madeline.jones@mecknc.gov.

Outdoor Bocchia for ages 13 and up will be on Mondays, September 21 – October 26 from 5-6pm. The cost is \$25. For more information contact Katie at Katherine.Culbreth@Mecknc.gov

VIP Adventure – Kayaking is for youth ages 8-16 with visual impairments at McDowell Nature Preserve waterfront on Saturday, 10/24/20, from 10am-12pm. The cost is \$20. Contact Madeline.Jones@MeckNC.gov for more information.

Paint in the Park - South for ages 18+. This program will meet on Wednesday mornings Sept 23 - Oct 28 from from 10-1130am at James Boyce Park. The cost is \$45. For more information contact Maddy at madeline.jones@mecknc.gov.

Adapted Baseball Skills - Youth for ages 6 -12 will be on Mondays, September 21st - October 26th from 3-4pm at Harrisburg Road Park (8074 Harrisburg Road, Charlotte, NC 28215). The cost is \$20. Bringing your own catching glove is required. For more information contact Candice at Candice.Moore@MeckNC.gov.

Adapted Baseball Skills - Teen for ages 13-25 will be on Mondays, September 21- October 26 from 4-5pm at Harrisburg Road Park (8074 Harrisburg Road, Charlotte, NC 28215). The cost is \$20. Bringing your own catching glove is required. For more information contact Carina at Carina.Castro@MeckNC.Gov

Total Wellness for ages 18+ will be on Fridays, Oct 2-Oct 30 from 10-11:30am at North Meck Park (16131 Old Statesville Rd, Huntersville, NC 28078). The cost is prorated by week. For more information, contact Carina at Carina.Castro@MeckNC.Gov

Path Pavers for ages 13+ will be on Wednesdays, September 23-October 28 from 4-5pm. Each week, we will meet at different parks (week 1=Waymer Park; week 2=Ramsey Creek Park; week 3=North Meck Park; week 4=Jetton Park; week 5=Robbins Park; week 6=Torrence Creek Greenway). The cost is \$25 for all 6 weeks. For more information, contact Carina at Carina.Castro@MeckNC.Gov

Movie in the Park for all ages will be on Saturday, October 24 from 7-8:30pm at Mallard Creek Recreation Center (2530 Johnston Oehler Rd, Charlotte, NC 28269). We will be showing Hocus Pocus! The cost is \$5/person (bottled water, bagged chips, and candy included). Each group will get their own marked area that can accommodate up to 6 people!

Music & Movement for ages 4 - 12 will be on Tuesdays, September 22nd - October 27th at Thereasea Clark Elder Park from 4:00pm - 5:00pm . The cost is \$20. For more information contact Candice at Candice.Moore@MeckNC.gov.

Adaptive Soccer Skills & Drills for ages 6 -12 will be on Thursdays, September 24th - October 29th at Bradford Park in Huntersville from 4:00pm - 5:00pm. The cost is \$20. For more information contact Candice at Candice.Moore@MeckNC.gov.

Sports and More for ages 18 and up will be on Fridays Oct. 2 – Nov. 6 from 10am – 12pm located at Latta Park, 601 E Park Ave. Charlotte, NC. The cost is \$60. For more information contact Shawn at Shawn.Whitman@MeckNC.gov

Resources in the community

Resources

Masks

- **Free Face Masks in Charlotte**

Through Charlotte Mecklenburg Schools

Anyone can pick up a [free mask at any of the CMS summer meal locations](#), every Friday through the end of the summer, from 10:30 a.m. to 12:30 p.m. [Find locations here.](#)

- [Where to get a face mask from a Charlotte area designer or shop](#)
- [How to make your own mask \(both sew and no-sew tutorials\)](#)
- Here's the [current schedule](#) for mask distribution, including Atrium Health locations, YMCA locations and breweries.

We'd suggest calling the YMCA or brewery location before you head out, just to make sure they have the masks.

YMCA Locations

Brace Family YMCA

3127 Weddington Road, Matthews, NC 28105

Monday-Friday: 6 a.m. to 1 p.m., 4 to 8 p.m.

Saturday: 7 a.m. to noon

Sunday: Noon to 4 p.m.

Dowd YMCA

400 E. Morehead St., Charlotte, NC 28202

Monday-Friday: 6 a.m. to 1 p.m., 4 to 8 p.m.

Saturday: 7:30 a.m. to 6 p.m.

Sunday: Noon to 4 p.m.

Harris YMCA

5900 Quail Hollow Road, Charlotte, NC 28210

Monday-Friday: 6 a.m. to 1 p.m., 4 to 8 p.m.

Saturday: 7 a.m. to noon

Sunday: Noon to 4 p.m.

- **Educational Opportunities**

Community Transition and Project Search at CPPC

Project Search connects students with practicum opportunities to develop employability skills

[704 330 6219](#)

Swimming classes Mecklenburg County Aquatic Center [704 336-3483](#)

Dance Classes/ Gym membership

The YMCA rates are according to a sliding scale price around \$38 a month if the family makes less than \$19,000

Capoeira is an Afro-Brazilian martial art that includes music, dance, and acrobatics. Kids have a chance to try it for free in two classes

Volunteer opportunities

Hands on Charlotte May's Calendar

<https://www.handsoncharlotte.org/calendar>